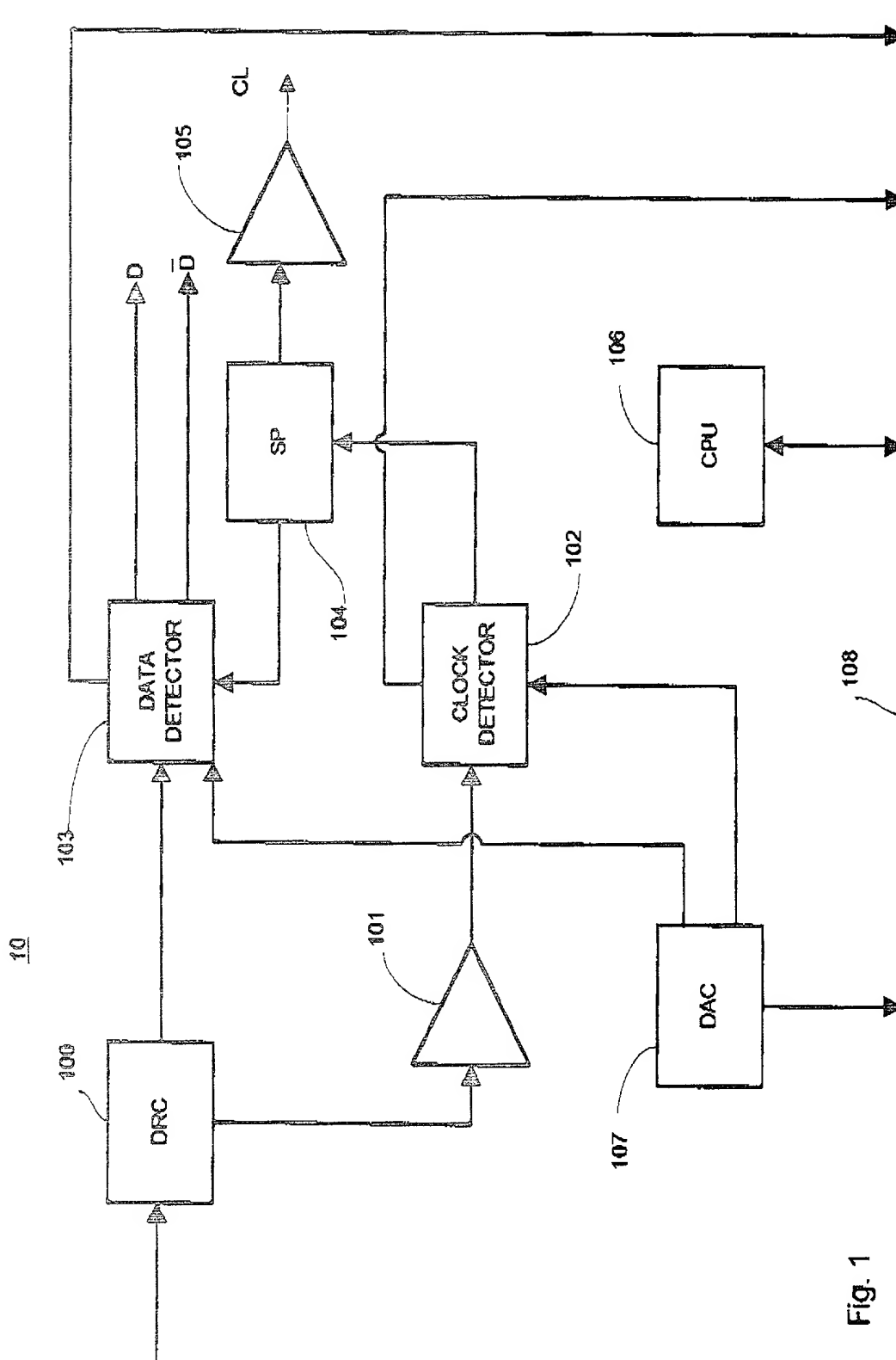


Variable	Mean	SD	Min	Max
Age	38.5	10.5	25	55
Gender	0.5	0.5	0	1
Marital status	0.5	0.5	0	1
Education	12.5	1.5	10	15
Income	3500	1500	1000	6000
Health status	0.5	0.5	0	1
Exercise frequency	0.5	0.5	0	1
Stress level	0.5	0.5	0	1
Sleep quality	0.5	0.5	0	1
Work satisfaction	0.5	0.5	0	1
Life satisfaction	0.5	0.5	0	1
Depression score	10	10	0	40
Anxiety score	10	10	0	40
Resilience score	20	10	0	40
Self-efficacy score	20	10	0	40
Optimism score	20	10	0	40
Gratitude score	20	10	0	40
Forgiveness score	20	10	0	40
Compassion score	20	10	0	40
Kindness score	20	10	0	40
Generosity score	20	10	0	40
Patience score	20	10	0	40
Humility score	20	10	0	40
Modesty score	20	10	0	40
Shyness score	20	10	0	40
Introversion score	20	10	0	40
Extroversion score	20	10	0	40
Sensitivity score	20	10	0	40
Empathy score	20	10	0	40
Altruism score	20	10	0	40
Cooperativeness score	20	10	0	40
Teamwork score	20	10	0	40
Leadership score	20	10	0	40
Communication score	20	10	0	40
Conflict resolution score	20	10	0	40
Problem-solving score	20	10	0	40
Decision-making score	20	10	0	40
Goal-setting score	20	10	0	40
Time management score	20	10	0	40
Organization score	20	10	0	40
Productivity score	20	10	0	40
Efficiency score	20	10	0	40
Quality score	20	10	0	40
Quantity score	20	10	0	40
Consistency score	20	10	0	40
Reliability score	20	10	0	40
Integrity score	20	10	0	40
Honesty score	20	10	0	40
Trustworthiness score	20	10	0	40
Accountability score	20	10	0	40
Responsibility score	20	10	0	40
Commitment score	20	10	0	40
Dedication score	20	10	0	40
Passion score	20	10	0	40
Enthusiasm score	20	10	0	40
Energy score	20	10	0	40
Motivation score	20	10	0	40
Drive score	20	10	0	40
Initiative score	20	10	0	40
Proactivity score	20	10	0	40
Agility score	20	10	0	40
Flexibility score	20	10	0	40
Adaptability score	20	10	0	40
Resilience score	20	10	0	40
Perseverance score	20	10	0	40
Persistence score	20	10	0	40
Endurance score	20	10	0	40
Stamina score	20	10	0	40
Strength score	20	10	0	40
Power score	20	10	0	40
Influence score	20	10	0	40
Impact score	20	10	0	40
Legacy score	20	10	0	40
Reputation score	20	10	0	40
Image score	20	10	0	40
Brand score	20	10	0	40
Value score	20	10	0	40
Meaning score	20	10	0	40
Purpose score	20	10	0	40
Direction score	20	10	0	40
Focus score	20	10	0	40
Clarity score	20	10	0	40
Insight score	20	10	0	40
Understanding score	20	10	0	40
Knowledge score	20	10	0	40
Wisdom score	20	10	0	



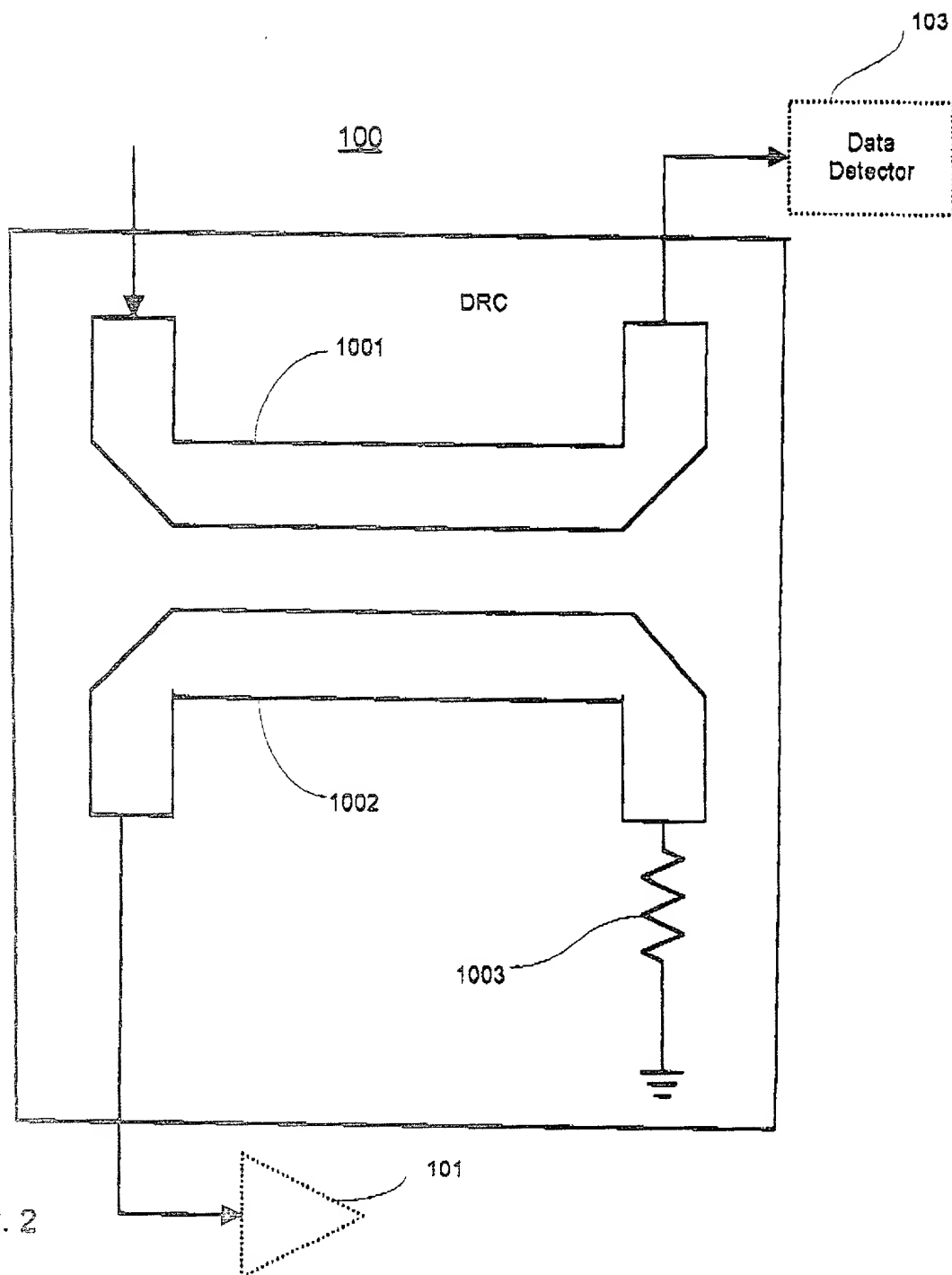


FIG. 3

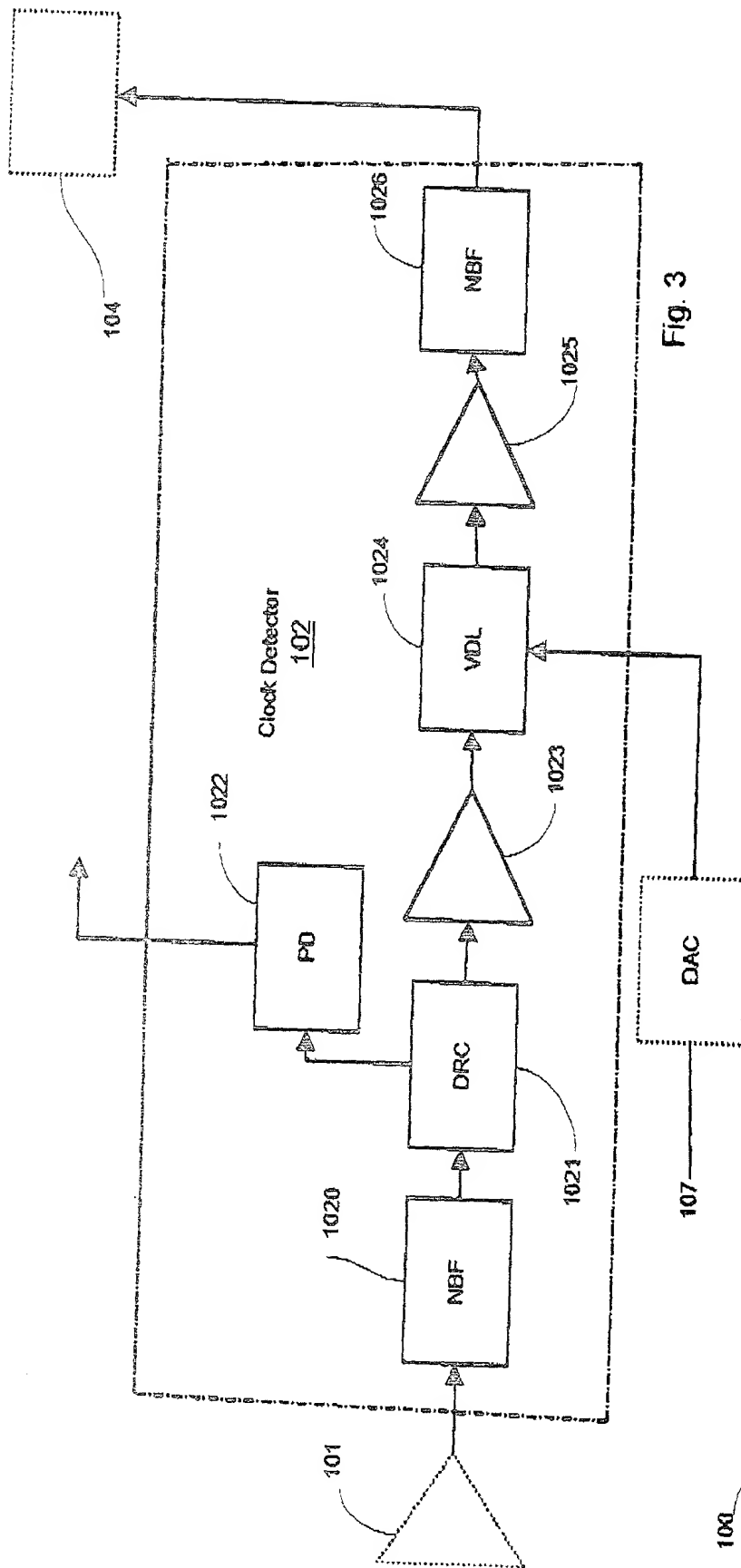


Fig. 3

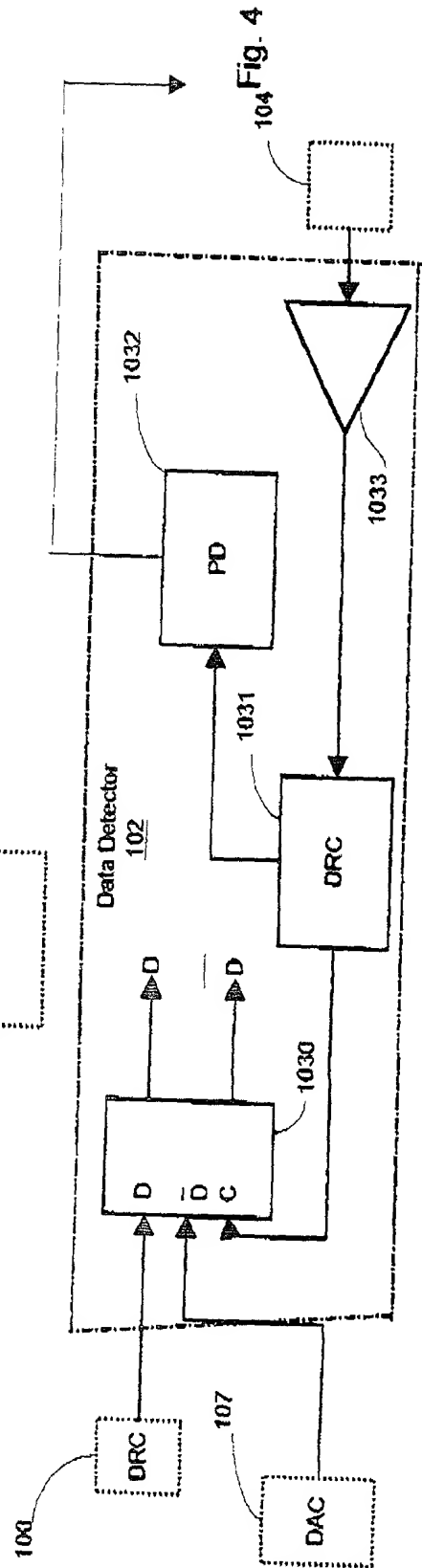


Fig. 4

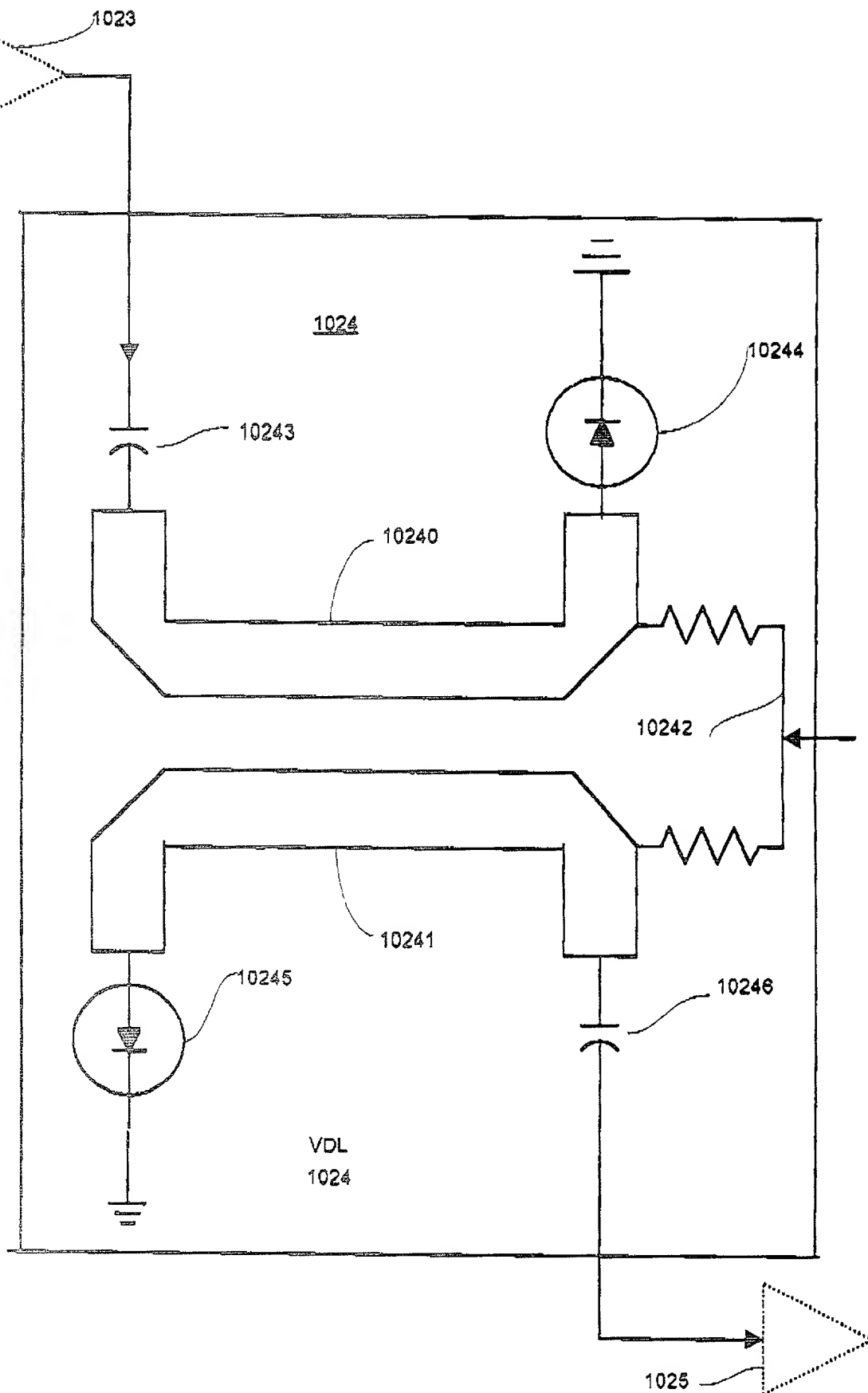


Fig. 5

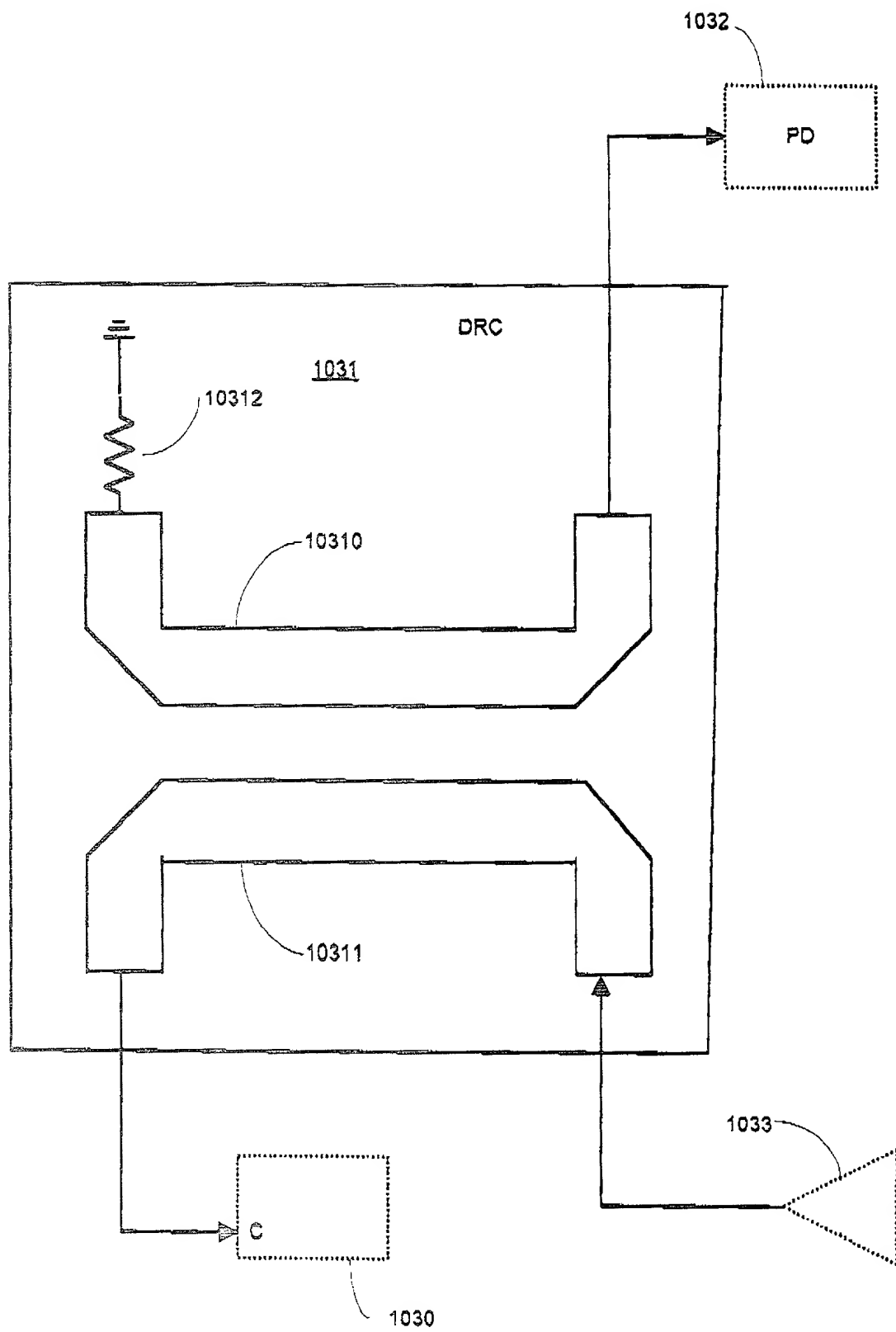


Fig. 6

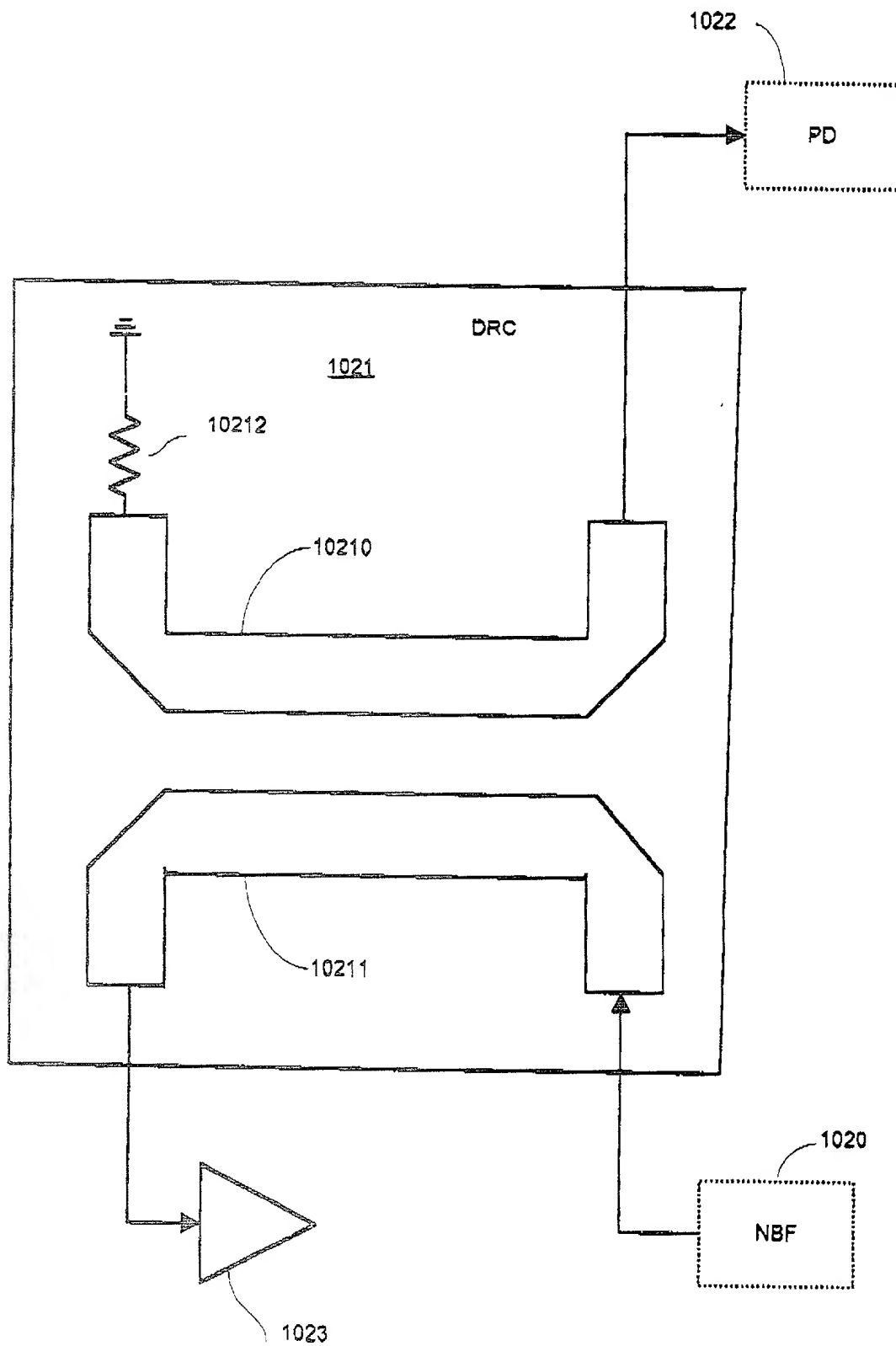


Fig. 7